

March 2020 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 – Cold Chicken Caesar salad Whole grain pita bread Tarragon potato salad Vanilla pudding Corn & potato chowder	3 – Cold Turkey & cheese sandwich w/ lettuce & tomato Pea salad Split pea soup fruit	4 - Cold Curried chicken salad sandwich on roll Lettuce & tomato Cole slaw Lentil soup fruit	5 – Traditional Beef Chili w/ cornbread California vegetables Navy bean soup fruit	6 – Caribbean Fango Assado (Brazilian chicken) White rice Kale Bean & barley soup cake
9 – Cold Greek salad w/ chicken Olives & feta cheese Whole grain pita bread Pasta salad Vanilla pudding Italian sausage soup	10 – Caribbean Curried chicken White rice Green peas Chicken & orzo soup fruit	11 – Vegetarian Grilled cheese sandwich Potato wedges Carrots Wild rice & vegetable soup fruit	12 – Traditional Beef hot dog on bun Baked beans Tomato & cabbage soup Mixed vegetables fruit	13 – Cold Chicken salad sandwich w/ lettuce & tomato Lemon rice salad Curried butternut squash soup fruit
16 – Caribbean Baked tomato chili chicken White rice & lentils Broccoli Tomato basil soup Wheat roll Sugar-free gelatin	17 St. Patrick's Day Corned beef and cabbage Mashed potatoes Carrots Vegetable medley soup fruit	18 - Traditional Meatballs with marinara sauce and spaghetti Vegetable medley Cauliflower bisque fruit	19 – Cold Roast beef & cheese sandwich w/ lettuce & tomato Potato salad Minestrone soup fruit	20 – Caribbean Arroz con camarones (shrimp) Yellow rice Plantains New England clam chowder Oatmeal cookie
23 – Traditional American chop suey w/ whole grain pasta Broccoli Thai curry vegetable soup Wheat roll Vanilla pudding	24 – Traditional BBQ Chicken Mashed sweet potatoes Green beans Italian sausage soup Wheat roll fruit	25 – Cold Roast beef & cheese sandwich w/ lettuce & tomato on roll Ginger garlic vegetable noodle soup Beet salad fruit	26 – Traditional Fish sticks Macaroni and cheese Green peas Vegetable barley soup Fruit Tartar sauce	27 – Cold Tuna salad sandwich w/ lettuce & tomato on sub roll Garden vegetable soup Cole slaw fruit
30 – Cold Chicken Caesar salad Whole grain pita bread Tarragon potato salad Vanilla pudding Wild rice & turkey soup	31 – Caribbean Jamaican beef patty w/ jerk dipping sauce Seasoned potato wedges Brussel sprouts Broccoli & cheddar soup Wheat roll Fruit			

Subject to change