

December 2019 MENU – 36, 125, 1140

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken sausage w/ cranberry apple chutney Mashed potatoes Vegetable medley Lentil soup Sugar-free jell-O	3 Salmon Florentine Rice pilaf Broccoli Cauliflower bisque Fruit Wheat roll	4 - V 3-bean chili Cornbread Green beans Garden salad w/ Italian fruit	5 - C Roasted pork shoulder Yellow rice Mixed vegetables Chocolate cake Bean and barley soup	6 - C Jambalaya (chicken and kielbasa) White rice Carrots Thai curry vegetable soup Fruit Wheat roll
9 Beef with peppers and onions Vegetable couscous Broccoli Corn and potato chowder Vanilla pudding	10 Fish nuggets Sweet potato fries Green beans w/ peppers New England clam chowder Fruit Tartar sauce	11 - C Oxtails with sauce Mashed potatoes Green peas Beef and barley soup fruit	12 – C NEW Haitian spaghetti and sausage (beef) California vegetables Broccoli cheddar soup Snack loaf fruit	13 Beef curry Yellow rice and pigeon peas Vegetable medley Minestrone soup Wheat roll fruit
16 - NEW Turkey ragu Polenta Green peas Chicken and orzo soup Sugar free jello	17 Shrimp in tomato cream sauce Cheese ravioli Kale Italian sausage soup fruit	18 HOLIDAY MEAL Roasted lamb w/ gravy Wild rice and cranberry pilaf Green beans Curried butternut squash soup Dinner roll Apple cinnamon cake	19 - C Cerdo Asado (pork) Yellow rice and pigeon peas Carrots Tomato basil soup fruit	20 - C Bacalao (salt cod) Rice and beans Broccoli Ginger garlic vegetable noodle soup Wheat roll fruit
23 - C White fish sofrito Polenta Carrots Tomato cabbage soup Chocolate pudding	24 - C Cachupa rica White rice California vegetables Vegetable barley soup fruit	25 Merry Christmas!	26 - C Dominican-style turkey Plantains Green beans w/ peppers Lentil soup Cornbread Oatmeal cookie	27 - NEW Honey glazed pork Brown rice pilaf Mixed vegetables Split pea soup Fruit
30 - C Arroz con Camarones (Shrimp) Yellow rice Plantains Minestrone soup Butterscotch pudding	31 NEW YEARS EVE Fried chicken Mac-n-cheese Black eyed peas Navy bean soup Fruit Wheat roll (Good luck meal!)	Happy New Year!!!		

Subject to change